

Supplies for Waxing

Satin Smooth® Warmer

Pre- and Post-Depilatory Products

Satin Cleanser® Skin Preparation Cleanser
Satin Release® Wax Residue Remover Oil
Satin Cool® Aloe Vera Skin Soother Gel
Satin Hydrate® Skin Nourisher Lotion

Wax

Calendula Gold® Hard Wax with Tea Tree Oil
Wild Cherry® Hard Wax with Vitamin E
Citrus Mojito Thin Film Hard Wax
Men's Titanium Blue Thin Film Hard Wax

Res-Q™ Pre- and Post Depilatory Pain Relief Products

Res-Q™ Analgesic Numbing Spray 2 oz.
Res-Q™ Analgesic Numbing Cream 3 oz.
Res-Q™ Ingrown Hair Treatment Pads 40 ct.

Gloves

Cotton Rounds



Thin Film Hard Wax Directions for Custom Bikini

A traditional bikini waxing is removing hair around the upper base of the leg and lower torso area, giving your client a smooth, hairless line for a bathing suit.

Procedure:

1. Have client fill out client record card or review past client record card. If reviewing past client record card, please initial and date.
2. Escort your client to the waxing room.
3. Wash and sanitize hands.
4. Put on latex or vinyl gloves.
5. Drape client. Client should wear bikini bottoms or high-cut underwear. This will give you a guide for your waxing service. You may give client a linen sheet or blanket to cover herself until you begin the service. Settle the client onto her back on a flat facial bed. Check that your client is warm and comfortable. Room temperature must be approximately 68 to 72 degrees. If room is cool, using a heating blanket will comfort client and open pores.
6. Decide skin and hair type.
7. Trim hair to ¼ inch. Be careful not to get hair too short. The coarser the hair, the more length you will need.
8. Heat the wax according to manufacturer directions. The use of gloves will prevent any cross-contamination between you and the client.
9. Examine hair growth carefully. If hair grows in several directions, always apply wax to each section in the opposite direction of hair growth.
10. Cleanse area to be waxed with **Satin Smooth® Satin Cleanser® Skin Preparation Cleanser**, using a cotton pad with gentle pressure. Do not rub. No cornstarch or powder is needed, as Satin Smooth has built-in buffers.
11. Spray on **Satin Smooth® Res-Q™ Analgesic Numbing Spray**. Wait 5 to 7 minutes, then use **Satin Cleanser** to remove any remaining oil on the skin.
12. Make sure skin is dry before applying wax.
13. Have client bend one leg at the knee and tuck foot under the other leg. This is a bowed straight position. This position will open bikini area for optimum visibility.
14. Begin waxing by dipping a large applicator into the wax pot. Cover 1½" to 2" of wooden applicator. Wipe the back of the applicator and leave a large amount of wax on the front side.
15. The thicker the hair, the more wax you will need to apply. The thinner the hair, the less wax you will need to apply.
16. Apply wax to one section. Start at the top of leg. Hold applicator at 90 degrees to the skin. Use the Shrink Wrapping Method. Apply wax in the opposite direction of the hair growth. Once you've applied enough wax, quickly pull the wax down in the direction of hair growth and create a lip at the bottom. Work in small sections.



17. Discard the wooden applicator. **NO DOUBLE DIPPING.** Use another applicator when needed.
18. Lightly tap the wax to make sure it has fully hardened. Position client's hand at top of leg, having client pull skin taut. Position your hand at the opposite direction of where you will pull the strip away. With other hand remove the wax using the lip you created. Pull against hair growth with punch motion.
19. Apply **Res-Q™ Analgesic Numbing Cream** to the area immediately after waxing. You can place the cream on your glove at the top of your hand for easy access. This will numb the area and give comfort to your client.



20. After removing **Thin Film Hard Wax**, apply pressure with the other hand to calm the nerve endings.
21. Repeat Steps 15 thru 20 until area is completely waxed.
22. With one side completed, raise leg close to your client's chest or position client accordingly, holding skin taught under the buttock area. This will enable you to remove hair on the buttock. Remember to remove using the punch motion and do not lift up. This skin is loose, and we do not want to bruise the client.



23. For client comfort, wax the tendon area separately. This is a small section and should be treated carefully.



24. Repeat steps 11 thru 23 on client's other side.
25. Remove any excess wax by blotting the remaining wax using the same punch method.
26. Use **Satin Smooth® Satin Release® Wax Residue Remover Oil** to remove any wax residue. Check the area and remove stray hairs with tweezers.
27. Use **Satin Smooth® Satin Cool® Aloe Vera Skin Soother Gel** to calm, reduce irritation, close the pores and soothe the skin. Then apply **Satin Smooth® Satin Hydrate® Skin Nourisher Lotion** to restore balance to the skin and hydrate the area.
28. Educate your client on care of the skin. No tanning for 48 hours. To prevent breakouts, use **Res-Q™ Ingrown Hair Treatment Pads**. Use a scrub four times a week with a natural loofah to keep dead skin cells from building up, and apply lotion to hydrate skin. This will prevent bumps and ingrown hairs.
29. Move on to the next service scheduled for the client. Remember to schedule another appointment for client in 3 to 4 weeks.