

## Supplies for Waxing

### Satin Smooth® Warmer

### Pre- and Post-Depilatory Products

Satin Cleanser® Skin Preparation Cleanser  
Satin Release® Wax Residue Remover Oil  
Satin Cool® Aloe Vera Skin Soother Gel  
Satin Hydrate® Skin Nourisher Lotion

### Wax

Calendula Gold® Hard Wax with Tea Tree Oil  
Wild Cherry® Hard Wax with Vitamin E  
Citrus Mojito Thin Film Hard Wax  
Men's Titanium Blue Thin Film Hard Wax

### Res-Q™ Pre- and Post Depilatory Pain Relief Products

Res-Q™ Analgesic Numbing Spray 2 oz.  
Res-Q™ Analgesic Numbing Cream 3 oz.  
Res-Q™ Ingrown Hair Treatment Pads 40 ct.

### Gloves

### Cotton Rounds



# Thin Film Hard Wax Directions for Legs

1. Have client fill out client record card or review past client record card. If reviewing past client record card, please initial and date.
2. Heat the wax according to manufacturer directions. The use of gloves will prevent any cross-contamination between you and the client.
3. Cleanse the entire leg area to be waxed with **Satin Smooth® Satin Cleanser® Skin Preparation Cleanser** (front and back). If client is sensitive, use **Satin Smooth® Res-Q™ Analgesic Numbing Spray** to promote client comfort. Spray on and wait 5 to 7 minutes for product to take effect. Cleanse again with **Satin Cleanser** to remove any oil residue.
4. Knee: After area has been pre-treated, start with the right leg; bend knee. Dip  $\frac{3}{4}$  of a large wooden applicator into melted **Thin Film Hard Wax**. Start applying wax at the knee, using the Shrink Wrapping Method. To begin the shrink wrap, start at either side of the knee. Apply wax in the opposite direction of the hair growth. Once you've applied enough wax, quickly pull the wax down in the direction of hair growth and create a lip at the bottom. Lightly tap the wax to make sure it is fully hardened. Using the lip you created, pull against hair growth in a punch motion.

**Note:** Wax should be applied thinly, but not too thinly. Wax should be approximately  $\frac{1}{8}$  of an inch thick in order to encapsulate hair for successful hair removal. When applying **Thin Film Hard Wax**, it is recommended to apply one or two strips a few inches apart and remove as you go along. Do not make strips wider than 3 inches and longer than 6 inches. **Thin Film Hard Wax** hardens more quickly than traditional hard wax and will remain flexible and pliable.





5. Below knee: To remove hair from the front lower leg, apply **Thin Film Hard Wax** starting from the ankle, working your way to the knee area. Dip  $\frac{3}{4}$  of a large wooden applicator into wax and spread wax against hair growth, again using the Shrink Wrapping Method. Form strip 3 inches wide and 6 inches long. Apply the second strip of wax to the right side of the leg, leaving a few inches of space. This will prevent the sections from overlapping. Remove the first section of wax against hair growth in fast punch motion, straight across, keeping formed strip close to skin. DO NOT pull up; this will hurt your client.



6. Complete the entire front of the leg, following the same application process as above.
7. Repeat the steps 2 to 5 on the other leg.
8. To remove hair from the back of the lower leg, ask your client to turn over. Carefully examine the direction of hair growth and apply the **Thin Film Hard Wax** in the Shrink Wrapping Method, against the direction of hair growth, starting at the ankle and moving up toward the calf. Quickly pull the wax back down in the direction of hair growth and leave a lip at the end. Use the same procedure as on the front of the legs, making sure not to overlap the sections. Formed wax strips should be a few inches apart, not exceeding 6 inches in length and 3 inches in width.



9. Complete the process on the back of the other leg.
10. Apply **Satin Smooth® Satin Release® Wax Residue Remover Oil** on front and back of legs. Massage thoroughly.
11. Next layer on **Satin Smooth® Satin Cool® Aloe Skin Soother Gel** to reduce inflammation and close pores. Finish the service with **Satin Smooth® Satin Hydrate® Skin Nourisher Lotion**. This will restore balance to the skin, provide mild UVA protection and moisturize.