

Supplies for Waxing

Satin Smooth® Warmer

Pre- and Post-Depilatory Products

Satin Cleanser® Skin Preparation Cleanser
Satin Release® Wax Residue Remover Oil
Satin Cool® Aloe Vera Skin Soother Gel
Satin Hydrate® Skin Nourisher Lotion

Wax

Calendula Gold® Hard Wax with Tea Tree Oil
Wild Cherry® Hard Wax with Vitamin E
Citrus Mojito Thin Film Hard Wax
Men's Titanium Blue Thin Film Hard Wax

Res-Q™ Pre- and Post Depilatory Pain Relief Products

Res-Q™ Analgesic Numbing Spray 2 oz.
Res-Q™ Analgesic Numbing Cream 3 oz.
Res-Q™ Ingrown Hair Treatment Pads 40 ct.

Gloves

Cotton Rounds



Thin Film Hard Wax Directions for Male Back

1. Have client fill out client record card or review past client record card. If reviewing past client record card, please initial and date.
2. Heat wax according to manufacturer directions. The use of gloves will prevent any cross-contamination between you and the client.
3. Cleanse the entire area to be waxed with **Satin Smooth Satin Cleanser®**. For all sensitive areas, we suggest applying **Satin Smooth® Res-Q™ Analgesic Numbing Spray** generously over entire area and let it set 5–7 minutes. For best result place a warm towel over back to allow pores to open and absorb Res-Q product. After 7 minutes, cleanse again with **Satin Cleanser®**. This will remove any oil residue left from **Res-Q™ Spray**. Now you are ready to begin.
4. Back waxing should be done in four sections. Top left, bottom left, top right, bottom right. Before you begin waxing, examine direction of hair growth and decide which section to begin with first, right or left. Stand on the side with the hair growing towards you. Dip $\frac{3}{4}$ of a large wooden applicator into melted **Thin Film Hard Wax** and apply wax at the top of the shoulder using the Shrink Wrapping Method. Apply wax in the opposite direction of the hair growth. Once you've applied enough wax, quickly pull the wax down in the direction of hair growth and create a lip at the bottom. Lightly tap the wax to make sure it has fully hardened.

Note: Wax should be applied thinly, but not too thinly. Wax should be approximately $\frac{1}{8}$ of an inch thick in order to encapsulate hair for successful hair removal. When applying **Thin Film Hard Wax** it is recommended to apply one or two strips a few inches apart and remove as you go along. Do not make strips wider than 3 inches and longer than 6 inches. **Thin Film Hard Wax** hardens more quickly than traditional hard wax but will remain flexible and pliable.



5. To remove formed strip, start at the bottom and hold skin taut with the opposite hand. Using the lip you created, pull against hair growth. Remove in one fast pull, straight away. Keep your wrist straight, creating a punching motion with your fist.



5. To allay any discomfort to client, Satin Smooth suggests applying a small amount of **Res-Q™ Analgesic Numbing Cream**. After each pull, dab a small amount of cream on the freshly waxed area to relieve any discomfort. Product also prevents bumps, ingrown hairs and redness. Complete top half of one side.
6. Removing hair at bottom section: Start at waistline, using the same technique as on the top section – the Shrink Wrapping Method. First apply in the opposite direction of the hair growth. Quickly pull the wax down in the direction of hair growth and create a lip at the bottom. Lightly tap the wax to make sure it has fully hardened.
7. Apply wax and remove wax in sections. After completing a section, soothe area with **Res-Q™ Analgesic Numbing Cream** and move to the other side. It is important to keep a pattern when waxing large areas. Moving around will add more time to the service and leave your client frustrated.



8. Repeat the same steps on the other side. First top of back and then bottom.
9. After entire back has been waxed, apply **Satin Smooth® Satin Release® Wax Residue Remover** on waxed area and massage thoroughly.
10. Next apply **Satin Smooth® Satin Cool® Aloe Vera Skin Soothing Gel** to reduce redness and close pores. Finish the service with **Satin Smooth® Satin Hydrate®**. This will restore balance to the skin, provide mild UVA protection and moisturize. To discourage breakouts, use **Res-Q™ Ingrown Hair Treatment Pads**. This will prevent bumps if used daily after waxing.